

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

			<p>9:30 Meals from the Heartland 11:00 Library Books ML 11:15 Strengthening Class ML 2:00 BINGO ML 3:30 Piano music by Betty Mahaffey ML 6:30 Game Night ML</p>	<p>9:15 Exercise ML 10:15 Communion Service ML 2:00PM - Des Moines Senior Singers ML</p>	<p>9-10:30 Card Shop 9:15 Exercise 10:00-Van to Aldi -sign up 10:00 Hand bells Rehearsal - Library 1:00- Calvin West Social - Atrium 2:00 - Connect 4 -ML</p>	<p>1:30 Movie and Popcorn: "Seabiscuit" ML</p>
<p>10:00 Westminster Church DVD ML 2:00 - Word Game - ML</p>	<p>9:15 Exercise ML 10:15 Travel ML 1:00 Book Club Library 2:00 Card Craft ML 6:30 BINGO ML</p>	<p>9:15 Live 2B Healthy 10:15 - Can You Picture This? - ML 11:00 - AL Birthday Luncheon 1:00 Bible Study - Chapel 2:00 - Word Games - ML</p>	<p>9-10:30 Card Shop 9:15 Tai Chi - Chapel 9:45 - Manicures ML 10:00 Van to Dollar General 11:00 Library Books ML 11:15 Strengthening Class ML 12:00 CW Birthday Luncheon 2:00 Bingo ML 6:30 Game Night</p>	<p>9:15 Exercise ML 10:15 Devotions ML 2:00 -Veterans Day Ceremony ML</p>	<p>9:15 Exercise 10:00 - Veteran's Day Baskets - ML 2:15 - Merrymakers presents: Barefoot Becky - ML</p>	<p>1:30 Movie and Popcorn: "Princess Diaries 2" ML Veterans Day Remembrance Day (Canada)</p>
<p>10:00 Westminster Church DVD ML Therapet visit - ML Diwali (Hindi)</p>	<p>9:15 Exercise 10:00 Resident Council Chapel 2:00 -Travel -ML 6:30 BINGO- ML</p>	<p>9:15 Live 2B Healthy 10:00 Van to Walmart 10:15 -Jeopardy! -ML 1:00 Bible Study - Chapel 1:00 Resident Council -CW 2:00 -Charades /Readers Theater -ML 3:30 Catholic Service Chapel 6:00 Movie : " Dreamer" ML</p>	<p>9-10:30 Card Shop 10:15 Craft - ML 11:00 Library Books ML 2:00 BINGO -ML 6:30 Game Night ML</p>	<p>9:15 Exercise ML 10:15 Devotions ML 2:00 Word Games 3:00 Immanuel Methodist - Chapel</p>	<p>9:15 Exercise 10:00 Hand bells Rehearsal - Library 2:00 -Bocce Ball - ML</p>	<p>1:30- Movie: "RV" ML</p>
<p>10:00 Westminster Church DVD ML 2:00 Fun with Rebecca ML</p>	<p>9:15 Exercise 10:00 - Men's Group - 2nd Floor Lounge 10:15 -Current Events - ML 2:00 - Travel -ML 6:30 BINGO- ML</p>	<p>9:15 Live 2B Healthy 10:15 Fireside Chat/ Trivia -ML 2:00: Musical Scavenger Hunt - ML 3:30 Catholic Mass Chapel</p>	<p>9-10:30 Card Shop 9:15 Tai Chi - Chapel 10:15 Devotions ML 11:15 Strengthening Class ML 11:00 Library Books ML 2:00 Bingo 6:30Game Night M</p>	<p>10:00 Thanksgiving Reminisce OR Thanksgiving Games ? Thanksgiving Day (US)</p>	<p>9:15 Exercise 10:00 - Hand bells Rehearsal - Library 2:00 -Balloons - ML</p>	<p>1:30- Movie: "Mrs. Doubtfire" ML</p>
<p>10:00 Westminster Church DVD ML 2:00 - Calvin Wheel of Fortune- ML</p>	<p>9:15 Exercise 10:15 Show and Share ML 2:00 Travel -ML 6:30 BINGO - ML</p>	<p>9:15 Live 2B Healthy 10:15 Crossword -ML 1:00 Bible Study Chapel 2:00 Vintage Cafe -ML 3:30 Catholic Service Chap 6:00 Movie: "Tammy and the Bachelor" ML</p>	<p>9-10:30 Card Shop 9:45 - Manicures ML 10:00 Van to Aldi 11:00 Library Books ML 2:00 BINGO -ML 6:30 Game Night ML</p>	<p>9:15 Exercise ML 10:15 Devotions ML 2:00 Canvas Painting - Rec Room</p>		