


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:00 Westminster Church DVD ML 2:00 - Sunday Social - ML	9:15 Exercise 10:15 Card Craft ML 1:00 Book Club Library 2:00 Travel -Kentucky- ML 6:30 BINGO - ML May Day	9:15 - Exercise DVD 10:15 - Horse Sense Game-ML 1:00 Bible Study Chapel 2:00 -Kentucky Derby Horse Race - ML 3:30 Catholic Service Recorded	9:30 Meals From the Heartland ML 11:00 Library Books ML 11:15 Strengthening Class ML 11:45 Wellness Clinic - Coffee Shop 2:00 BINGO ML 6:30 Game Night ML	9:15 Exercise ML 10:15 Communion Service ML 2:00PM - Word Game ML	9-10:30 Card Shop 9:15 Exercise 1:30 Movie and Popcorn: "Akeelah and the Bee" ML Cinco de Mayo	2:00- What Am I? ML
10:00 Westminster Church DVD ML 2:00 - Sunday Social - ML	9:15 Exercise 10:00 Resident Council Chapel 1:00 Resident Council -CW 2:00 -Yahtzee -ML 6:30 BINGO - ML	9:15 Exercise ML 10:15 -List It -ML 11:00 - AL Birthday Luncheon 1:00 Bible Study - Chapel 2:00 Merry-maker: Rob Lumbard ML 3:30 Catholic Service Chapel 6:00 Movie: "Hello Dolly"	9-10:30 Card Shop 9:15 Tai Chi - Chapel 9:45 - Manicures ML 11:00 Library Books ML 11:15 Strengthening Class ML 12:00 CW Birthday Luncheon 2:00 Bingo ML 6:30 Game Night ML	9:15 Exercise ML 10:15 Devotions ML 2:00 -Word Games ML	9:15 Exercise 1:30 Movie and Popcorn "Chicago"- ML	2:00-Active Game: Going on a Bear Hunt - ML
10:00 Westminster Church DVD ML 2:00- Penny Ante - ML Mother's Day National Skilled Nursing Week	9:15 Exercise 10:00 - Men's Group - 2nd Floor Lounge 10:15 -Show and Share - ML 1:30 - Grace Lutheran Church - Chapel 2:00 - Travel -ML 6:30 Bingo ML	9:15 Exercise DVD 10:15 Fireside Chat/ Trivia -ML 1:00 Bible Study Chapel 2:00: Bags -ML 3:30 Catholic Mass Chapel	9-10:30 Card Shop 10:00 Jeopardy ML 11:00 Library Books ML 11:15 Strengthening Class ML 11:45 Wellness Clinic - Coffee Shop 2:00 BINGO -ML 6:30 West Des Moines Community Band ML	9:15 Exercise ML 10:15 Devotions ML 2:00 Word Games ML 3:00 Immanuel Methodist - Chapel	9:15 Exercise 1:30- Movie and Popcorn: "Lucky Me" ML	2:00 ML - Table Games (crazy 8's and dominoes)- ML Armed Forces Day
10:00 Westminster Church DVD ML 2:00 -Calvin Wheel of Fortune - ML	9:15 Exercise 10:15 fun w/ Jamie ML 2:00 - Team Jigsaw Puzzle Contest -ML 6:30 Bingo ML Victoria Day (Canada)	9:15 Exercise DVD 10:15 -Jumbo Crossword- ML 1:00 Bible Study Chapel 2:00 Homemade Ice cream -ML 3:30 Catholic Service Chap 4-4:30 - Jazz for Jesus-ML 6:00 Movie: "Hoosiers" - ML	9-10:30 Card Shop 9:15 Tai Chi - Chapel 9:45 Manicures -ML 11:15 Strengthening Class ML 11:00 Library Books ML 11:45 Wellness Clinic - Coffee 2:00 Bingo 3:30 Music with Betty Mahaffey 6:30 Game Night M	9:15 Exercise ML 10:15 Devotions ML 2:00 - All about Jeff Angelo - ML Shavuot Begins	9:15 Exercise 1:30 Movie and Popcorn: "Father of the Bride" ML	2:00 - Fun w/ Kim - ML
10:00 Westminster Church DVD ML 2:00 Active Games - Balloons -ML	9:15 Exercise 10:15 fun w/ Jamie ML 2:00 - Travel 6:30 Bingo ML Memorial Day	9:15 Exercise DVD 10:15- Head Bands Game - ML 1:00 Bible Study Chapel 2:00 Sing Along w/ Nancy and Kim -ML	9-10:30 Card Shop 10:00 Sentimental Reflections 11:00 Library Books ML 11:15 Strengthening Class ML 11:45 Wellness Clinic - Coffee 2:00 Bingo 3:30 Music with Betty Mahaffey 6:30 Game Night M	