Welcome

The CDC recently revised guidance which removed the requirement to screen upon entrance. To help reduce the risk of transmission of respiratory illness within our community, please follow the guidance below:

**Staff**

If you:

- Have tested positive for COVID-19 within the last 10-days, or
- Have symptoms consistent with a respiratory illness

Please do not enter the building. Call your supervisor for further direction.

If you have had a high-risk exposure within the last 10 days, but are asymptomatic, please wear a mask and discuss with Monica Scott, RN, QCP for further direction.

**Visitors**

If you:

- Have tested positive for COVID-19 within the last 10-days, or
- Have symptoms consistent with a respiratory illness, or
- Had close contact (15 or more minutes in 24 hours within 6 feet) of someone with COVID-19

Please defer your visit until 10 days after positive test, close contact or symptom onset. If your visit is urgent, please complete hand hygiene utilize a mask and see Monica Scott, RN, QCP for further direction.

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**Symptoms to Watch for:**

- Fever or Chills
- Cough
- Shortness of Breath
- Muscle or Body Aches
- Headache
- Sore Throat
- Congestion or Runny Nose
- Nausea or Vomiting
- Diarrhea
Cover your Cough

Stop the spread of germs that can make you and others sick!

Cover your mouth and nose with a tissue when you cough or sneeze. Put your used tissue in the waste basket.

You may be asked to put on a facemask to protect others.

If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.

Wash hands often with soap and warm water for 20 seconds. If soap and water are not available, use an alcohol-based hand rub.
Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:

- Cough, shortness of breath or difficulty breathing
- Fever or chills
- Muscle or body aches
- Vomiting or diarrhea
- New loss of taste or smell

Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has Emergency Warning Signs of COVID-19

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.

cdc.gov/coronavirus