

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**September 2022**  
Health Center Activities  
(2nd and 3rd floor)

<p>4</p> <p>10:00 AM Church DVD in the Sunshine Room</p> <p>2:30 PM Scattagories Sunshine Room</p>	<p>5</p> <p>10:00 AM Would You Rather? Labor Day Edition Sunshine Room</p> <p>2:30PM Social Sunshine Room</p> <p>Labor Day</p>	<p>6</p> <p>10:00 AM Hearthside I in the Sunshine Room</p> <p>2:30PM Labor Day Trivia Sunshine Room</p>	<p>7</p> <p>10:00 AM Crafts in the Sunshine Room</p> <p>2:00 PM Bingo ML</p> <p>6:30 PM Game Night in the Main Lounge</p>	<p>8</p> <p>10:00 AM Devotions in the Main Lounge</p> <p>2:30 PM ACTIVITY Dining Room</p>	<p>9</p> <p>11-1 Tailgate Party South Lawn</p>	<p>10</p> <p>10:00 AM Bean Bag Toss Sunshine Room</p> <p>1:30 PM Movie in the Sunshine Room "Wonder Woman"</p> <p>3:00 Iowa vs. ISU Football game on TV</p>
<p>11</p> <p>10:00 AM Church DVD in the Sunshine Room</p> <p>2:30 PM Activity in the Sunshine Room</p> <p>Grandparents Day</p>	<p>12</p> <p>10:00 AM Arm Chair Travel Yosemite Sunshine Room</p> <p>11:15AM Exercise in the Sunshine Room</p> <p>2:30 PM Activity Sunshine Room</p> <p>6:30 Bingo in the Main Lounge</p>	<p>13</p> <p>10:00 AM Good News in Sunshine Room</p> <p>2:30PM MerryMaker Antique Harmony ML</p> <p>3:45 Catholic Service in the Chapel</p>	<p>14</p> <p>9:30 AM Manicures in the Sunshine Room</p> <p>10:00AM Ruth's Circle (Tea Party with D. S.) Sunshine Room</p> <p>2:00 PM Bingo in the Main Lounge</p> <p>6:30 PM Game Night in the Main Lounge</p>	<p>15</p> <p>10:00 AM Devotions in the Main Lounge</p> <p>2:30PM HC Birthday Party Dining Room</p> <p>3:00 Immanuel Methodist Chapel</p>	<p>16</p> <p>10:00 AM Coffee and Trivia Sunshine Room</p> <p>2:30 PM Active Games in the Sunshine Room</p>	<p>17</p> <p>10:00 AM Activity Sunshine Room</p> <p>1:30 PM Movie in the Sunshine Room "Sound of Music"</p> <p>Oktoberfest</p>
<p>18</p> <p>10:00 AM Church DVD in the Sunshine Room</p> <p>2:30 Fun with Maire Sunshine Room</p>	<p>19</p> <p>10:00 AM Resident Council Sunshine Room</p> <p>11:15AM Exercise Sunshine Room</p> <p>1:00 PM Pet Visits</p> <p>1:30 Grace Lutheran Chapel</p> <p>2:30 PM Sing Along Sunshine Room</p> <p>6:30 Bingo ML</p>	<p>20</p> <p>10:00 AM Hearthside Sunshine Room</p> <p>2:00 Activity Sunshine Room</p> <p>3:30 Catholic Mass in the Chapel</p>	<p>21</p> <p>10:00 AM Crafts Sunshine Room</p> <p>2:00 PM Bingo ML</p> <p>6:30 PM Game Night in the Main Lounge</p>	<p>22</p> <p>10:00 AM Devotions in the Main Lounge</p> <p>2:30 PM 1-1 Room Visits</p> <p>Autumn Begins</p>	<p>23</p> <p>10:00 AM Baking in the Sunshine Room</p> <p>2:30 PM Word Games in the Sunshine Room</p>	<p>24</p> <p>10:00 AM Crazy 8's in the Sunshine Room</p> <p>1:30 PM Movie in the Sunshine Room "101 Dalmatians"</p>
<p>25</p> <p>10:00 AM Church DVD in the Sunshine Room</p> <p>2:30 PM Table Top Bowling Sunshine Room</p> <p>Rosh Hashanah Begins</p>	<p>26</p> <p>10:00 AM Social in the Sunshine Room</p> <p>11:15AM Exercise Sunshine Room</p> <p>2:30 PM Memory Magic in the Sunshine Room</p> <p>6:30 Bingo in the Main Lounge</p>	<p>27</p> <p>10:00 AM Current Events in the Sunshine Room</p> <p>2:00PM Short Stories/Mad Libs Sunshine Room</p> <p>3:30 Catholic Service in the Chapel</p>	<p>28</p> <p>9:30 AM Manicures in the Sunshine Room</p> <p>2:00 PM Bingo in the Main Lounge</p> <p>6:30 PM Game Night in the Main Lounge</p>	<p>29</p> <p>10:00 AM Devotions in the Main Lounge</p> <p>2:30- Alzheimer's Walk South walking path</p>	<p>30</p> <p>10:00 AM Coffee and Trivia Sunshine Room</p> <p>2:30 PM Active Games in the Sunshine Room</p>	

\*Health Center Calendar is Subject to Change