

## Join Us for These Summer Events at Calvin

**July 13-** Greater Des Moines Community Band Concert, 7 p.m. South Lawn. Ice Cream treats. No charge!

**July 20-** Dog Obedience Program, 2 p.m. Rec Room

**July 25-** Gloryland Singers, 2 p.m. Main Lounge

**July 27-** Nintendo Wii games, 1:30 p.m. Main Lounge.

**August 5-** Piano & singing music by The Cowans, 2 p.m. Main Lounge

**August 11-** Bus trip to Iowa Cubs Game

**August 11-** Classical Guitar by Sam Foster, 10:30 a.m. Main Lounge

**August 18-** State Fair Day. Food from 11:30 a.m. - 1 p.m. and Carnival games 2 p.m.

**August 21** - MerryMaker Janey Hooper, 2 p.m. Main Lounge



Enjoying a day at the ball park.

# Calvin Connection

Summer 2010

A quarterly publication for friends of Calvin Community

## Summertime Fun at Calvin

Summer is always a special time at Calvin Community. It's a time when residents can sit on the patio and enjoy our beautiful backyard or walk to the courtyard to see all the flowers blooming. Many residents plant tomatoes in the garden or flowers in the garden boxes. It's also a time for special events at Calvin.

We recently celebrated family and friends day on June 6 with a pie and ice cream social. Four hundred people enjoyed their treats while listening to top entertainer Johnny Ray Gomez of Omaha.

Coming up soon on July 13 is "Music on a Summer Night" with the Greater Des Moines Community Band. Ice cream treats will be given out and there is no cost to attend. A

free will donation to benefit the Good Samaritan Fund will be available.

Then, on August 11, residents will be heading to an Iowa Cubs game to watch the I-Cubs take on Portland.

August 18 is Older Iowans Day at the State Fair. Our dietary department donates 500 cookies for the cookie decorating contest that day. We also bring the fair to Calvin Community. A special fair lunch of corndogs, funnel cakes and more starts off the day and is followed by a carnival in the rec room with games and prizes. Everyone is encouraged to wear their best 'fair outfit'.

Summers are special at Calvin and we try to enjoy every bit of sunshine we can!

## Bingo, Exercise

Starting in July, Calvin and Medi-cap Pharmacy would like to invite anyone who is interested to play in our monthly bingo game.

Games are held the third Monday of each month at 7 p.m. in the Calvin Community Rec Room. There is no charge and prizes are awarded.

On July 20 Calvin will also be starting another 10 week community exercise program for active, motivated seniors. Classes will be held on Tuesdays and Thursdays in the Rec Room. Each class is 30 minutes long.

The charge is \$40 and includes lunch after each class. If you would like more information on either of these programs please contact Ann at 633-2512.

## Inside

- Private Healthcare rooms on the horizon (page 3)
- Calvin Web site gets a makeover (page 3)
- New Board, Foundation members (page 2)



Peg Deal makes a quilt picture during the Calvin State Fair carnival.

4210 Hickman Road  
Des Moines, IA 50310-3395



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## Delmar & Margaret Tigges

Delmar and Margaret Tigges have always led active lives and that hasn't changed since moving to Calvin in October 2006.

The couple met in Van Cleve, Iowa and married on June 4, 1947. They raised their four children on the family dairy farm near Melbourne.

As lifelong members of St. John United Church of Christ they volunteered much of their time as Sunday school teachers and Delmar as church treasurer for 20 years. Both were active in their children's 4-H and Cub Scout groups.

Delmar continues to be involved in leadership roles by serving on Calvin's resident council for the past 3 years and becoming President in January. Margaret always had a large garden at their home and Delmar continues their gardening here at Calvin.



Delmar and Margaret Tigges

Sports and games have always been a love of the Tigges's. They continue to play card games daily and Margaret is one of our top Nintendo Wii bowlers. Delmar and Margaret enjoy living at Calvin and keeping busy.

They are pleased they chose to live at Calvin and say, "Everybody is friendly and speaks to one another. The building is clean and the food is good."

## What is Resident Council?

The resident council consists of 12 elected residents who have lived in Calvin Community for at least six months.

The council acts as an advocate for all residents. They listen to concerns and suggestions and work for the betterment of all who live at Calvin.

By sponsoring the Card Shop they are able to donate money

to resident and employee programs.

Council meetings are held once a month and include department directors to discuss various topics and upcoming events.

The council also meets quarterly with selected members of Calvin Community's Board of Directors.

## New Board, Foundation Members

Calvin's success can be attributed to its numerous, talented and devoted volunteers. Each year over 200 individuals give of their time and talents to Calvin and its residents.

Some of the many people making a difference at Calvin are members of the Calvin Board of Directors and the Calvin Foundation. In May, the Board welcomed the class of 2013. New board members are Nancy Boyd, Mike Hamilton, Joie Hand, and Sharon Simmons. Gary Nielsen returned to fill an unfulfilled two year term.

At the same time Tom Mehl and Kent Zimmerman joined the Trustees of the Calvin Community Foundation for three year terms. In advance, Calvin thanks these individuals for their dedicated service to the Calvin family.

These Directors and Trustees will be featured in upcoming issues of the "Calvin Connection".



The Board Recognition Dinner

## June 6: A Day of Celebration

On June 6, Family and Friends Day was celebrated by many at Calvin with the pie and ice cream social, but it was special for another reason. Not one, but two couples celebrated their 74th wedding anniversaries that same day.

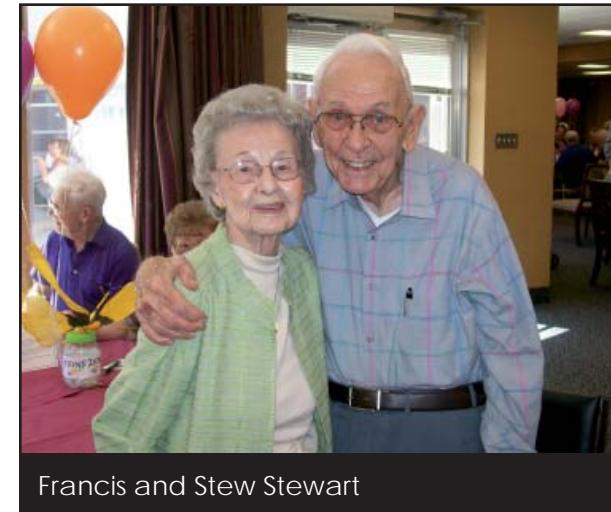
Stew and Francis Stewart and John and Helen Gardner were both married on June 6, 1936.

The Stewarts met and were married in their hometown of Knoxville, Iowa. They moved to Des Moines in 1950 and to Calvin in 2003.



John and Helen Gardner

The Gardners met at a ballpark in Boone, Iowa and were married in St. Joe, Missouri. They moved to Des Moines in 1954 and Calvin in 2009. When asked what the secret to a long and happy marriage was each had a different answer.



Francis and Stew Stewart

John laughed and said it was three little words, "You're right dear." The Stewarts agreed compromise was key, but Stew said it best with the quote, "True love does not run smooth." Congratulations and Happy Anniversary to these two wonderful couples!

## Website Gets a Makeover

Calvin Community's Website – [www.calvincommunity.org](http://www.calvincommunity.org) – has a new look!

The makeover was completed in April and some exciting changes were made.

We added an updated photo gallery of residents and families, printable activity calendars, a new photo tour and the ability to make donations online.

Online donations can be made specifically in honor of a resident or to one of our funds such as the Good Samaritan Fund.

Visitors can now also sign up to receive the newsletter electronically through the Website.

Be sure to visit the new and improved [calvincommunity.org](http://calvincommunity.org)!

We also are continuing to collect email addresses of family members and friends.

If you haven't done so already, please email us with your name and relation to Calvin at [info@calvincommunity.org](mailto:info@calvincommunity.org).

## Private Healthcare Rooms on the Horizon

The trend spreading across the country is for healthcare facilities to incorporate private rooms in their healthcare skilled nursing facilities if they don't already have them.

We see several facilities around the Des Moines area doing just that. We are looking closely at

opportunities to provide that option as well.

Watch for news, possibly in the fall, about Calvin's renovation project to convert some existing rooms into private skilled nursing rooms with "state of the art" amenities for your rehab needs. This is not as simple a task

as it may seem. When a facility changes the licensed level of nursing services from one level to another, they must meet the current regulations. Calvin will need to do substantial remodeling to make certain we meet current health center regulations and stay competitive in the health care market.